

MASO 15th Council
2019-2021

President

- Emeritus Prof Dr Mohd. Ismail Noor, FASc, FIUNS, FNSM

Vice President

- Prof Dr Norimah A. Karim, FNSM

Hon. Secretary

- Assoc Prof Dr Geeta Appannah

Hon. Treasurer

- Assoc Prof Dr Hazizi Abu Saad, FNSM

Hon. Asst. Secretary

- Assoc Prof Dr Mohd Razif Shahril

Council Members

- Assoc Prof Dr Mahenderan Appukutty, FNSM
- Assoc Prof Dr Chin Yit Siew
- Assoc Prof Dr Gan Wan Ying
- Ms Zaiton Daud
- Dr Denise Koh Choon Lian

Affiliations



MASO Secretariat :

c/o Nutritional Sciences Programme,
Faculty of Health Sciences,
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President

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Hon. Secretary

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MINUTES OF THE 26th ANNUAL GENERAL MEETING

Date and Time : 4th July 2019 (Thursday) at 5.15 p.m.

Place : Room Nilam & Delima, Hotel Istana
73, Jalan Raja Chulan, Bukit Bintang,
50200 Kuala Lumpur

1. Attendance

The AGM was attended by 31 voting members, 1 non-voting member and an observer (attendance list is as shown in Appendix 1). The President, Emeritus Prof. Dr. Mohd Ismail Noor, called the meeting to order at 5.15 pm after the quorum was achieved.

2. Welcome Address by the President

On behalf of MASO 14th Council, Emeritus Prof. Dr. Mohd Ismail Noor thanked members for their presence and support to enable us to achieve the quorum and welcomed them to the 26th AGM. Emeritus Prof. Mohd Ismail Noor informed that the celebration of the Silver Jubilee of MASO and biennially MASO Scientific Conference will be held on 15 and 16 October 2019 in Hotel Istana, Kuala Lumpur. He also encouraged members to be more active in supporting MASO upcoming activities and encourage their research group/students to present papers in MASO 2019.

3. Approval of the Agenda of Annual General Meeting

The AGM began with a vote to approve the Agenda of the AGM. The Agenda was proposed to be approved by Dr. Zawiah Hashim and was seconded by Dr. Wong Jyh Eiin.

4. Minutes of 25th AGM

Emeritus Prof. Dr. Mohd Ismail Noor went through the minutes of the 25th AGM held on the 10th August 2018 at Room Safir I, Hotel Istana, 73 Jalan Raja Chulan, Bukit BIntang, 50200 Kuala Lumpur.

4.1 Confirmation of the Minutes

The minutes of the 25th AGM held on the 10th August 2018 was proposed to be passed by Assoc. Prof. Dr. Zaitun Yassin and seconded by Dr. Denise Koh Choon Lian.

4.2 Matters Arising from the Minutes

No matters arose from the minutes of the 25th AGM.

5. Council Report for 2018-2019

The Honorary Secretary, Assoc. Prof. Dr. Hazizi Abu Saad presented the Council Report for 2018/2019. Various MASO activities conducted in 2018 and 2019 were presented to the members. A total of 7 council meetings were held over the past year.

5.1 MASO Membership

As of the end of June 2019, MASO had 173 registered members. The membership status is as follows: Life 85, Ordinary 84, Associate 2, Corporate 2.

5.2 MASO Website

- i) Dr. Mohd Razif Shahril and Dr. Geeta Appannah are the subcommittee for the MASO website, and they had worked with the webmaster to update the MASO website. The website has been updated with information and photographs of MASO activities, including MASO Camp in UPM, Suku Suku Separuh dan Cergas (3SC) Obesity intervention programme as well as UKM and UPM collaborative events. Besides that, announcement of seminar and conferences related to obesity are also included into our website.
- ii) Members are encouraged to log in to MASO website for recent updates on MASO activities and events. The URL is www.maso.org.my. MASO expressed our thanks to Mr Lim Kooi Fong (webmaster) for his continued services to the Association.

5.3 MASO Education Fund

There was no application for Seminar Grant in the past year. However, there a total of 12 members applied for the education grant for attending the Asia-Oceania Conference on Obesity (AOCO) 2019, Seoul, South Korea from 29th till 31st August 2019.

5.4 MASO Activities

Among the activities that were held over the past year was 3SC Program, MASO Seminar Updates, MASO Camp, MASO 10k Steps Challenge and MASO Scientific Conference on Obesity.

a. Suku Suku Separuh and Cergas (3SC) Program

The 3SC is a 6-month lifestyle intervention program being conducted in Selangor and Johor states. Five localities were chosen from each state and these included Tanjung Karang, Olak Lempit, Batu Arang, Beranang and Ulu Yam in Selangor and Ayer Baloi, Sri Gading, Parit Sulong, Bukit Pasir, Batu Anam in Johor. Data collection in Selangor was successfully completed in the first quarter of 2019, while in Johor, the expected completion date will be sometime in October or November 2019. A full report for this program will be prepared before being circulated to Ministry of Health (MOH), Malaysia.

b. MASO Scientific Updates

- i) In conjunction with **the 25th AGM** held on 10 August 2018 (Friday) at Hotel Istana, Kuala Lumpur. Prof. Susan Jebb, a Professor of Diet and Population Health from the Nuffield Department of Primary Care Health Science, University of Oxford, had presented a talk entitled "*Diet, Obesity & Health: From Science to Policy*".
- ii) For the year 2019, a **MASO Update** was presented in conjunction with the AGM on 4th July (Thursday) at 5.15 p.m. at Hotel Istana, Kuala Lumpur. The President, Emeritus Prof. Dr. Mohd Ismail Noor was the speaker and he shared MASO's various progresses and activities in his presentation entitled '*25 Years of MASO: Achievements & Challenges*'.

c. MASO Camp

- i) MASO successfully organised a **MASO Camp** event in UPM on 2nd April 2019 among 95 overweight and obese staff in collaboration with Department of Nutrition and Dietetics UPM and KEPERTAMA (*Kesatuan Kakitangan Am Universiti Putra Malaysia*). Emeritus Prof. Dr. Mohd Ismail Noor (President MASO), Prof. Dr. Muhammad Nazrul Hakim Abdullah, the Deputy Dean (Graduate Study, Industry & Community Relations and Income Generation), Faculty of Medicine

and Health Sciences, UPM, Mr. Mohd Razali Singah, the President of KEPERTAMA, attended the opening ceremony.

- ii) Emeritus Prof. Dr. Mohd Ismail Noor was invited to give an opening speech and deliver a lecture on the consequences of obesity.
- iii) A total of 94 participants attended the camp, and their KAP and anthropometric data were collected. The feedback was good, and there was a request from KEPERTAMA to follow-up on the participants.
- iv) MASO funded a sum of RM1500 for lunch and printing of bunting and banner, while KEPERTAMA sponsored breakfast on the day of MASO camp.
- v) The event was coordinated by Dr. Geeta Appannah, Assoc. Prof. Dr. Hazizi Abu Saad and Assoc. Prof. Dr. Chin Yit Siew, together with other colleagues from the Department of Nutrition and Dietetics UPM.

d. MASO 10k Steps Challenge

- i) MASO continued to organize the MASO 10k Steps Challenge on 13th October 2018 (Saturday) in conjunction with World Obesity Day that is held annually on 11 October.
- ii) The 10K Steps Challenge is a challenge organized as an online social media event. Assoc. Prof. Dr. Hazizi Abu Saad coordinated the event using Facebook as the main platform and promoted on the newsfeed of Facebook users. The event reached 7037 Facebook users, 871 of them participated in this event, and 408 who submitted their achievements at the Facebook page received certificates of achievement from MASO.

e. MASO Scientific Conference on Obesity (MASO 2019) in conjunction with MASO 25th Anniversary

- i) MASO Scientific Conference on Obesity 2019 will mark our 25th anniversary (the silver jubilee year) of MASO and will be held on 15-16 October 2019 (Tuesday – Wednesday) at Hotel Istana, with the theme of “**Obesity: Addressing Multiple Drivers and Solutions**”.
- ii) MASO Scientific Conference 2019 is also being held in conjunction with World Obesity Day. MASO hopes the conference will be attended by around 150 participants. The President urges the members to encourage their colleagues and students to share their research findings in the conference.
- iii) The proposed programme will include 2 Plenary lectures, Symposia sessions and poster presentations.
- iv) There will also be Young Investigator’s competition for oral presentations among postgraduate students of local Universities, and best poster awards for all poster presenters.
- v) For the Opening Ceremony of MASO 2019, MASO have invited the Deputy Minister of Health YB Dr. Lee Boon Chye and YB have agreed to launch MASO 2019.

5.5 MASO Affiliations and other activities

Assoc. Prof. Dr. Hazizi Abu Saad went through the list of MASO affiliations and reported the following:

a. World Obesity Federation (WO)

- i) MASO has been affiliated to the World Obesity Federation (WO), previously known as International Association for the Study of Obesity (IASO) since 1998. Members are also encouraged to go into WO website at www.worldobesity.org for updated information on WO activities.

- ii) Emeritus Prof. Dr. Mohd Ismail Noor is currently a member of the Membership Committee for WO.
- iii) Prof. Dr. Poh Bee Koon, represented Emeritus Prof. Dr. Mohd Ismail Noor and MASO, to attend the World Obesity Annual General Meeting, which was held on 30th April 2019 at the European Congress on Obesity 2019 venue in Glasgow, Scotland. WO reported that their finances has improved over the past year, mostly due to more SCOPE and other activities, which helped to generate income.

b. Asia-Oceania Association for the Study of Obesity (AOASO)

- i) MASO is a pioneer member of Asia-Oceania Association for the Study of Obesity (AOASO) since its inception during the ICO 1998 in Paris.
- ii) The 2019 International Congress on Obesity and Metabolic Syndrome & Asia-Oceania Conference on Obesity (ICOMES & AOCO 2019) will be held at Seoul, Korea on 29- 31 August 2019. About 20 Malaysian researchers (under 45 years) have been awarded travel grant of USD500 by the Organiser (KSSO).
- iii) With the support of MyCEB, MASO have submitted “expression of interest” letter to AOASO to host AOCO 2021 in Kuala Lumpur and the bidding preparation will be led by Dr. Geeta Appannah with Emeritus Prof. Dr. Mohd Ismail Noor as the Advisor.
- iv) For updates on AOASO activities, members are encouraged to click on their website www.aoaso.org

c. Confederation of Scientific and Technological Associations in Malaysia (COSTAM)

- i) MASO has been a member organisation of the Confederation of Scientific and Technological Associations in Malaysia (COSTAM) since 13th February 2000. At present, the COSTAM office is located at the Pusat Sains Negara, Mount Kiara, Kuala Lumpur.
- ii) COSTAM also continues to organise the MSTC, public lectures and workshop in relation to science and technology matters. Members are encouraged to take part in COSTAM activities.
- iii) For further details, please visit COSTAM website at www.costam.org.my

d. Majlis Cegah Obesiti Malaysia (MCOM)

MASO is a member of MCOM however, MASO has not been receiving any communication from MCOM since 2007 and the status of the Organisation is unknown.

e. Other activities that MASO Council and members are involved include:

- The National Coordinating Committee on Food and Nutrition (NCCFN)
Emeritus Prof. Dr. Mohd Ismail Noor
- National Plan of Action on Nutrition Malaysia (2016-2025)
Emeritus Prof. Dr. Mohd Ismail Noor and Prof. Dr. Norimah A. Karim
- Technical Working Group on Nutrition Promotion
Assoc Prof. Dr. Chin Yit Siew and Dr Zawiah Hashim
- Technical Working Group on Nutritional Guidelines
Emeritus Prof. Dr. Mohd Ismail Noor (Chairman) and Prof. Dr. Norimah A. Karim
- Technical Working Group for Nutrition Research
Prof. Dr. Norimah A. Karim (Chairman) and Emeritus Prof. Dr. Mohd Ismail Noor

- Nutrition Month Malaysia (NMM) 2019
Assoc Prof. Dr. Chin Yit Siew and Dr. Zawiah Hashim

5.6 Adoption of MASO Council Report 2018 – 2019

The Council Report for years 2018-2019 was proposed to be adopted by Assoc. Prof. Dr. Rokiah Don and seconded by Dr. Khoo Hock Eng.

6. Audited Accounts for 2018 – 2019

- Assoc. Prof. Dr. Nik Shanita Shafii, the Honorary Treasurer, reported and highlighted the financial account details for the period starting from 1st April 2018 and ending on 31st March 2019. She thanked the MASO Honorary Auditors namely, Dr. Denise Koh Choon Lian and Datin Dr. Mona Lisa Md Rasip for auditing the accounts.
- Members clarified some information listed in the accounts and gave some suggestions to reduce the expenses noise for seminar and conferences in the MASO main accounts. This is including by creating a sub-account under Maybank Current Account for seminars and conferences.

6.1 Adoption of MASO Audited Accounts for 2018 – 2019

MASO Audited Accounts for 2018 – 2019 was proposed to be adopted by Dato Dr. Vellayan and seconded by Dr. Zawiah Hashim.

7. Election of the 15th MASO Council 2019-2021

- The 14th Council of MASO (2017 – 2019) was dissolved. Emeritus Prof. Dr. Mohd Ismail Noor thanked the outgoing Council members namely Prof. Dr. Poh Bee Koon and Assoc. Prof. Dr. Nik Shanita Safii for their support and contributions over the past years.
- The election of 15th MASO Council was chaired by Assoc. Prof. Rokiah Don and assisted by Dr. Wong Jyh Eiin and Assoc. Prof. Dr. Gan Wan Ying. The Election Chairperson was proposed by Emeritus Prof. Dr. Mohd Ismail Noor and seconded by Prof. Dr. Norimah A. Karim.
- The nomination of the 15th MASO Council Members for the period 2019 – 2021 was as follows:

President:

Nomination : Emeritus Prof. Dr. Mohd Ismail Noor
Proposer : Dato Dr. Vellayan
Secunder : Assoc. Prof. Dr. Mahenderan Appukutty

Nomination was proposed to be closed by Dr. Mohd Razif Shahril and seconded by Dr. Geeta Appannah

Emeritus Prof. Dr. Mohd Ismail Noor was retained as President, unopposed.

Vice President:

Nomination : Prof. Dr. Norimah A. Karim
Proposer : Assoc. Prof. Dr. Hamid Jan
Secunder : Dato Dr. Vellayan

Nomination was proposed to be closed by Assoc. Prof. Dr. Mahenderan Appukutty and seconded by Assoc. Prof. Dr. Nik Shanita Safii

Prof. Dr. Norimah A. Karim was retained as Vice President, unopposed.

Honorary Secretary:

Nomination : Dr. Geeta Appannah
Proposer : Assoc. Prof. Dr. Mahenderan Appukutty
Seconder : Assoc. Prof. Dr. Gan Wan Ying

Nomination was proposed to be closed by Dato Dr. Vellayan and seconded by Dr. Mohd Razif Shahril

Dr. Geeta Appannah was elected as the new Honorary Secretary.

Honorary Treasurer:

Nomination : Assoc. Prof. Dr. Hazizi Abu Saad
Proposer : Prof. Dr. Poh Bee Koon
Seconder : Prof. Dr. Norimah A. Karim

Nomination was proposed to be closed by Dr. Geeta Appannah and seconded by Dr. Wong Jye Eiin

Assoc Prof. Dr. Hazizi Abu Saad was elected as the new Honorary Treasurer.

Assistant Honorary Secretary:

Nomination 1 : Dr. Mohd Razif Shahril
Proposer : Prof. Dr. Norimah A. Karim
Seconder : Dr. Geeta Appannah

Nomination 2 : Dr. Denise Koh Choon Lian
Proposer : Prof. Dr. Poh Bee Koon
Seconder : Assoc. Prof. Dr. Mahenderan Appukutty

Nomination was proposed to be closed by Emeritus Prof. Dr. Mohd Ismail Noor and seconded by Assoc. Prof. Dr. Nik Shanita Safii

Dr. Mohd Razif Shahril was elected as the new Assistant Honorary Secretary.

Council members (5 posts) – Eight (8) names were proposed as follows:

Nomination 1 : Assoc. Prof. Dr. Chin Yit Siew
Proposer : Emeritus Prof. Dr. Mohd Ismail Noor
Seconder : Assoc. Prof. Dr. Gan Wan Ying

Nomination 2 : Assoc. Prof. Dr. Mahenderan Appukutty
Proposer : Prof. Dr. Poh Bee Koon
Seconder : Dr. Zawiah Hashim

Nomination 3 : Dr. Serene Tung
Proposer : Assoc. Prof. Dr. Hamid Jan
Seconder : Assoc. Prof. Dr. Gan Wan Ying

Nomination 4 : Dr. Denise Koh Choon Lian
Proposer : Assoc. Prof. Dr. Nik Shanita Safii
Seconder : Emeritus Prof. Dr. Mohd Ismail Noor

Nomination 5 : Assoc. Prof. Dr. Gan Wan Ying
Proposer : Dr. Geeta Appannah
Seconder : Dr. Mohd Razif Shahril

Nomination 6 : Ms Zaiton Daud
Proposer : Prof. Dr. Poh Bee Koon

Seconder : Assoc. Prof. Dr. Mahenderan Appukutty

Nomination 7 : Mr Khairul Hasnan Amali
Proposer : Prof. Dr. Norimah A. Karim
Seconder : Emeritus Prof. Dr. Mohd Ismail Noor

Nomination 8 : Asst. Prof. Dr. Satvinder Kaur
Proposer : Dr. Mohd Razif Shahril
Seconder : Assoc. Prof. Dr. Gan Wan Ying

Nomination was proposed to be closed by Prof. Dr. Norimah A. Karim and seconded by Dr. Mohd Razif Shahril

FIVE (5) Council members were elected based on the highest votes received are as follows:

- 1) Assoc. Prof. Dr. Mahenderan Appukutty
- 2) Assoc. Prof. Dr. Chin Yit Siew
- 3) Assoc. Prof. Dr. Gan Wan Ying
- 4) Ms Zaiton Daud
- 5) Dr. Denise Koh Choon Lian

Honorary Auditors (2 posts):

Nomination 1 : Dato Dr. Vellayan
Proposer : Prof. Dr. Poh Bee Koon
Seconder : Assoc. Prof. Dr. Nik Shanita Safii

Nomination 2 : Assoc. Prof. Dr. Nik Shanita Safii
Proposer : Assoc. Prof. Dr. Hazizi Abu Saad
Seconder : Dr. Denise Koh Choon Lian

Nomination 3 : Asst. Prof. Dr. Satvinder Kaur
Proposer : Prof. Dr. Norimah A. Karim
Seconder : Dr. Wong Jye Eiin

Nomination was proposed to be closed by Dr. Geeta Appannah and seconded by Dr. Mohd Razif Shahril

TWO (2) Honorary Auditors were elected based on the highest votes received are as follows:

- 1) Assoc. Prof. Dr. Nik Shanita Safii
- 2) Asst. Prof. Dr. Satvinder Kaur

The new 15th MASO Council for 2019 – 2021 elected are as follows:

President : Emeritus Prof. Dr. Mohd Ismail Noor
Vice President : Prof. Dr. Norimah A. Karim
Honorary Secretary : Dr. Geeta Appannah
Honorary Treasurer : Assoc. Prof. Dr. Hazizi Abu Saad
Assistant Hon Secretary : Dr. Mohd Razif Shahril
Council Members : Assoc. Prof. Dr. Mahenderan Appukutty
Assoc. Prof. Dr. Chin Yit Siew
Assoc. Prof. Dr. Gan Wan Ying
Ms. Zaiton Daud
Dr. Denise Koh Choon Lian
Honorary Auditors : Assoc. Prof. Dr. Nik Shanita Safii
Asst. Prof. Dr. Satvinder Kaur

Assoc. Prof. Rokiah Don congratulated Emeritus Prof. Dr Mohd Ismail Noor and all the newly elected Council members and urged them to keep the Association going strong.

8. Incoming President's Address

- i) Emeritus Prof. Dr. Mohd Ismail Noor thanked Assoc. Prof. Rokiah Don for chairing the election and the helpers for their kind assistance in the election process. He also thanked members for their confidence in re-electing him as President of MASO for another term. Emeritus Prof. Dr. Mohd Ismail Noor once again thanked all those who had served the Council for the term 2017 – 2018, especially the out-going Council member, Prof. Dr. Poh Bee Koon and Assoc. Prof. Dr. Nik Shanita and the Auditors, Dr. Denise Koh Choon Lian and Datin Dr. Mona Lisa.
- ii) Emeritus Prof. Dr. Mohd Ismail Noor congratulated Dr. Geeta Appannah, Assoc. Prof. Dr. Hazizi Abu Saad and Dr Mohd Razif Shahril on being elected as Hon. Secretary, Hon. Treasurer and Hon. Asst. Secretary respectively. He also welcomed the two new Council members, Dr. Denise Koh Choon Lian and Assoc. Prof. Dr. Gan Wan Ying into the Council.
- iii) He also welcomed the new auditors Assoc. Prof. Dr. Nik Shanita Safii and Asst. Prof. Dr. Satvinder Kaur.
- v) Emeritus Prof. Dr. Mohd Ismail Noor proposed a special vote of thank to Prof. Dr. Poh Bee Koon for being in the MASO council and have contributed tremendously for more than 2 decades. He hopes that Prof. Poh will continue serving MASO being a long-standing member of the Association.
- vi) The President conveyed his thanks to all members present for their continued support throughout the years and is hopeful for greater support in the months leading up to MASO 2019 conference.

9. Closing

The AGM was adjourned at 7.00 pm and was followed by a MASO Update by Emeritus Prof. Dr. Mohd Ismail Noor entitled '*25 Years of MASO: Achievements & Challenges*' and a buffet dinner at Hotel Istana.

Prepared by:

geeta

Dr. Geeta Appannah
Hon. Secretary, MASO

Checked by:



Emeritus Prof. Dr. Mohd Ismail Noor
President, MASO

**26th AGM Attendance list
Hotel Istana
Kuala Lumpur, 4 July 2019**

No.	Name	Membership number	Affiliation
1.	Denise Koh Choon Lian	O714	UKM
2.	Gan Lay Chin	A516	-
3.	Gan Wan Ying	L548	UPM
4.	Geeta Appannah	O678	UPM
5.	Hamid Jan Jan Mohamed	L394	USM
6.	Hazizi Abu Saad	L356	UPM
7.	Khairul Hasnan Amali	O739	MOH
8.	Khoo Hock Eng	O708	UPM
9.	Lee Shoo Thien	L642	UKM
10.	Leiu Kok Hong	O720	UPM
11.	Lim Sim Yee	O718	UKM
12.	Lim Yin Fong	O709	Herbalife Nutrition
13.	Liyana Ahmad Zamri	O729	UPM
14.	Mahenderan Appukutty	L418	UiTM
15.	Mohammad Abdul Basher	O700	MAHSA University
16.	Mohd Ismail Noor	L055	Taylor's University
17.	Mohd Razif Shahril	L552	UniSZA
18.	Mona Lisa Md Rasid	O703	IMR
19.	Nik Shanita Safii	L097	UKM
20.	Norimah A Karim	L332	UKM
21.	Poh Bee Koon	L255	UKM
22.	Rokiah Don	L397	IMU
23.	Satvinder Kaur	L557	UCSI
24.	Serene Tung	L611	UCSI
25.	Sharifah Wajihah Wafa	O662	UniSZA
26.	Tan Siew Tin	L707	UPM
27.	Vellayan Subramaniam	L281	UITM
28.	Wilfred Mok Kok Hoe	O682	UKM
29.	Wong Jyh Eiin	L520	UKM
30.	Yasmine Alem	Observer	Taylor's University
31.	Zaiton Daud	L570	MOH
32.	Zaitun Yassin	L130	NSM
33.	Zawiah Hashim	L258	Retired